

## A Life Plan Community *Unlike Any Other.*

Since 1961, Channing House has been the area's leading not-for-profit Life Plan Community. Those who choose to retire here are active, fascinating people who define this inclusive community. They form close friendships based on ideas, down-to-earth authenticity and mutual respect. They share the confidence that comes from knowing the right care is here if they ever need it.

Nestled in a walkable neighborhood of downtown Palo Alto, we're three blocks from the best our charming city offers. It's an easy stroll or bike ride to galleries, shops, restaurants and cultural events. Stanford University is just minutes away, and and all that you love in the Bay area is well within reach.



## Resident Driven. Resident Loved.

There's an energy that lives throughout Channing House. It stems from our resident-driven approach and the spirit of the people involved in every aspect of our community. They're engaged in all they do, share and enjoy every day.

#### Our people are:

- Driven to learn, grow and experience new things.
- Passionate about life, relationships and values.
- **Engaged** in celebrating and realizing the full potential of every day.

#### Maintenance-free Apartment Living

Enjoy a spacious maintenance-free apartment with layout options including one bedroom, two bedrooms, or a studio. All are well-appointed, with full-size balconies and floor-to-ceiling windows offering gorgeous views. You'll also have plenty of ways to customize your home to reflect your personal style.

#### All-inclusive Services and Amenities Include:

Three chef-prepared meals daily • weekly housekeeping and linen service • high-speed Internet utilities and cable television • art studio and woodworking shop • sewing room • auditorium library and computer lab • game room • rooftop event space • full kitchen with private dining room and lounge on each floor • reserved underground parking (additional fee) • transportation 24/7 emergency response system



## Wellness for the Whole You

Our state-of-the-art fitness center is open 24/7, with a full complement of weight training equipment and the latest cardio, strength and balance training technology. Let's not forget our 55-foot indoor heated lap pool, the rooftop walking track, or the array of classes designed to help keep you fit and active.

#### Group Classes That Meet You Where You Are—Including Online

Our popular group exercise classes, many of which are available for online viewing, include:

- Personal training by dedicated and highly skilled fitness experts
- Strength
- Balance
- Weights
- Fall prevention program
- Yoga and chair yoga
- Line dancing



## Peace of Mind, Today and Tomorrow

By choosing a community with a reputation like ours, you and your loved ones will have peace of mind knowing that if your health needs should ever change, our Life Care model assures you'll have priority access to Assisted Living or Skilled Nursing right here in our beautiful Lee Center—without financial surprises.

#### **Protect Your Assets**

High-quality care is offered on-site and monthly fees do not increase with higher levels of care. The security of knowing that future care costs are predictable is one of the most compelling reasons residents choose Channing House.

### Flexible Financial Options

At Channing House, you'll pay a one-time entrance fee and a monthly fee based on the Independent Living apartment you choose. Entrance fee options are available to help residents meet their financial goals.





# Now that you know a little more about us, isn't it time to experience Channing House firsthand?

We invite you to visit us. Call us to schedule a personalized tour at 650-327-0950 or email marketing@channinghouse.org.



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